

PSYCHOSOCIAL WELLBEING WITHIN CBDVIB

VIB CBD endeavors to promote an environment of well-being. This working environment can be achieved if we deal with each other respectfully and politely. We invest in the prevention of psychosocial risks and provide support to employees with questions about psychosocial well-being.

WHAT CAN YOU DO?

⇒ You don't feel happy at work? Don't keep it to yourself, talk about it!

Your issues can include small problems such as minor complaints of stress, an unfulfilled expectation or a conflict with a colleague as well as larger issues such as bullying, burn-out, indecent behavior, feelings of depression,...

WHO CAN HELP YOU?

The most obvious people to talk to are those that are closest to you: your partner, your boy- or girlfriend, a family member, a friend or a colleague you can rely on. On the other hand, you can also talk to a supervisor or to someone from the HR department.

If this is not an option for you, you can talk privately to the confidential advisor or the prevention advisor for psychosocial issues for advice and support.

- **Confidential advisor VIB:**

Veerle Quivreux, VIB Headquarters Zwijnaarde
veerle.quivreux@vib.be - 09 244 66 11

- **Confidential advisor KU Leuven Group Biomedical Sciences:**

René Clerckx - rene.clerckx@kuleuven.be

Professor Bert De Cuyper - bert.decuypere@kuleuven.be

Professor Chris Gastmans - chris.gastmans@kuleuven.be

Veerle Heedfeld - veerle.heedfeld@kuleuven.be

Ingrid Vandemeulebroucke - Ingrid.Vandemeulebroucke@kuleuven.be

From 01/10/2020, until 30/09/2024 Prof. Pol Ghesquière (pol.ghesquiere@kuleuven.be) will follow up prof. Omer Van Den Bergh as confidential advisor within KU Leuven.

- **Prevention advisor psychosocial issues Idewe:**

psychosociale.leuven@idewe.be - 016 39 04 38

- **Doctoral Ombuds**

(the first contact point for PhD researchers and supervisors regarding all disputes and problems related to the doctoral process)

Prof. Marie-Christine Herregods - marie-christine.herregods@uzleuven.be
if you belong to the Department of Neurosciences

Prof. Georg Halder- georg.halder@kuleuven.vib.be

if you belong to the Department of Human Genetics, the Department of Cellular and Molecular Medicine